# INSTRUCTIONS FOR COMPLETING THE ARKANSAS MARRIAGE & FAMILY THERAPY LICENSE

### **Application for Marriage & Family Therapy License**

Please supply all information requested on the *Application for Marriage & Family License* form. Complete each line and include both your office and residence phone numbers. Type in "N/A" if the information requested does not apply to you. List all professional work experience and professional training, including degrees earned and the relevant dates, along with a description of other valid professional licenses or certificates for which you have qualified. The *Affidavit of Residency*, included at the end of the form, must be signed and witnessed by a notary public.

### **Core Curriculum Sheet**

The Core Curriculum Summary refers to graduate course content area requirements every applicant for licensure must satisfy. Before filling out the Summary, please refer to the relevant descriptions of the core content areas. (abstracted pages 17-18 of *The American Association for Marriage & Family Therapy [AAMFT]*.

Utilizing the AAMFT descriptions as guidelines, please supply the number and title (as they appear on your official transcript of graduate work completed) of each course you wish to reference in documenting how your professional academic preparation fulfill content area requirements. More than one course may be listed to exhibit coverage of a given area.

In some instances, if questions arise, the Board may require a copy of a course description from a graduate catalog or a verification statement from an appropriate university official confirming that the course in question may be cited as fulfilling the area requirement.

### **Statement of Professional Intent**

Please attach to your *Application for Marriage & Family Therapy License* form a **type-written** or **word-processed** *Statement of Professional Intent* on the enclosed form. Your statement should outline briefly the general nature of the work in which you expect to engage as a professional therapist. You must include a succinct summary of the methods, techniques and theoretical approaches you anticipate utilizing, and the populations you aspire to serve.

If you already hold any recognized credentials for one or more specializations, you should so state and include photocopies of any certificates or licenses so held.

Your *Statement of Professional Intent* will serve to define to the Board and to the citizens of the state of Arkansas the professional role you intend to assume as a licensed therapist. The document will be held on file and may be subject to scrutiny and review at any time in the future, should questions about your professional performance arise. Your *Statement* may be revised and updated when you obtain additional credentials or

complete training which qualifies you for a recognized specialization. Selected specialization's are recognized when other state boards or national professional organizations have issued credentials which meet standards and guidelines acceptable to the board.

### **Letters of Recommendation**

You are required as an applicant to furnish a minimum of <u>three</u> (3) recommendations in support of your licensure application. Two (2) should be supplied by persons who can attest to your professional training and/or competence. At least one (1) should be a non-academic character reference.

Please instruct each person you select to complete the enclosed recommendation form and mail it *directly* to the Board.

(Current board members, relatives of the applicant and clients may not submit recommendations, recent graduates are encouraged to submit at least one recommendation from a therapist educator familiar with the applicant's academic performance.)

### **Documentation of Supervised Professional Experience**

Documentation of *three* (3) or more years of supervised professional experience at the post-master's level is required for eligibility to become a Licensed Marriage & Family Therapist. Candidates with less than three years of documented post-master's supervised experience may qualify for the status of Licensed Associate Marriage & Family Therapist (see below, "Licensure Approval.")

Supervised practica and internships completed to satisfy part of the requirements for a master's degree may <u>not</u> be included. However, advanced preparation (post-master's course work) in counseling may contribute to the minimum number of years of supervised professional experience: thirty (30) credit hours of counseling-related courses may be substituted for one year of supervised experience, up to a maximum of two year's credit. Appropriate individual graduate courses may be credited on a pro-rated basis.

### **Submission of Application materials**

Application materials, as described above, should be submitted for Board consideration as a single package, at one time, and must include (1) the <u>Application for Marriage & Family Therapist License</u>; (2) the Core Curriculum Sheet; (3) the Statement of Professional Intent; (4) and <u>Documentation of Supervised Professional Experience</u>.

Your application will not be considered complete until all necessary, supporting documents, including the three (3) recommendations and official transcripts, have been received.

In addition, you are required to have an official copy of your graduate transcript(s) sent directly from the institution(s) you have attended. Transcripts must be sent directly by

the college or university where the course work was completed; photocopies or fax copies of these documents supplied by an applicant are <u>not</u> acceptable.

Please do not submit transcripts and recommendations until your application has been mailed to the board.

An application fee of \$200.00 must be tendered with the application materials (effective 2/1/97). Your check should be payable to **Arkansas Board of Examiners in Counseling.** Applicants are strongly encouraged to retain copies of all documents submitted.

Upon receipt of the application documents and fee described above, together with the supporting letters of recommendation and transcript records, the Board will review the materials supplied, usually at the next scheduled meeting subsequent to the receipt of an application. If all eligibility requirements have been satisfied, the Board will extend an invitation for you to sit for the next scheduled written examination.

### The Marriage and Family Therapy Examination

The Marriage and Family Therapy examination is scheduled three (3) times a year. The national Professional Exam Services (PES) sets the examination schedule. The dates are included in the \$20.00 application packet from the Board, or they can be downloaded off the internet at <a href="https://www.state.ar.us/abec">www.state.ar.us/abec</a> free of charge.

The examination, electronically administered, covers essential elements of the common core areas as described in the AAMFT Curriculum Guidelines.

Admission to the PES exam requires: 1.) the exam application and fee be received by PES by their posted deadline; 2.) the license application must be received by the Board office one (1) month prior to that date.

Applicants enrolled in his or her final term must provide a letter from an academic advisor, registrar, or department chair attesting that all degree requirements will be met by the end of the current term of enrollment. The letter should list all courses currently being completed.

### **Oral Examination**

The oral examination is usually scheduled for the first Board meeting subsequent to the applicant's having achieved a passing score on the most recent written examination and approval of the applicant's therapy tape. Applicants will be notified of the time and place for the oral examination.

### **Criminal Background Check**

See Rules/Regulations for instruction to complete the requirement. (ACT 1317 of 1997)

### **Licensure Approval**

The Marriage & Family Therapist License is granted upon successful completion of the oral examination. The status of "Associate Marriage & Family Therapist" may be conferred upon an applicant with less than three years of advanced-level supervised experience if all other requirements have been met. Prior to receipt of the license, the applicant will be supplied with a list of Board-approved supervisors and a copy of a blank supervision agreement. The applicant must obtain (1) Board approval of a supervision agreement with a Board-approved supervisor, (2) mail the signed supervision agreement to the Arkansas Board of Examiners in Counseling (Fax copies will not be accepted), and (3) pay the initial licensing fee. The biennial licensure renewal notice and licensure fee will be mailed to you the first of April. All license renewals are based on the fiscal year: July 1<sup>st</sup> each two years.

### ALL FORMS AND SUPPORTING CREDENTIALS SHOULD BE SUBMITTED TO:

Arkansas Board of Examiners in Counseling P.O. BOX 70 Magnolia, AR 71754-0070 (870) 901-7055

The applicant is responsible for keeping the Board informed of any change in address.

### SUPERVISION INFORMATION FOR LAC'S AND LAMFT'S

The Arkansas Board of Examiners in Counseling is committed to quality supervision being offered to LAC's and LAMFT's in our state. The enclosed information is intended to clarify the standards for supervision as expected by the Board of Examiners.

Supervision shall be provided at the appropriate Phase ratio of face to face direct contact:

Phase I: 1,000 hours at the ratio of 1:10 (1 hour of supervision for each 10 client contact hours).

Phase II: 1,000 hours at the ratio of 1:15 (1 hour of supervision for each 15 client contact hours).

Phase III: 1,000 hours at the ratio of 1:30 (1 hour of supervision for each 30 client contact hours).

Fifty percent (50%) of supervision hours may be done in a group setting if the group does not exceed five persons.

Examples of unacceptable supervision are telephone, fax, or e-mail communications. The fee and method of payment for supervision should be in writing, and copies retained by the supervisor and the supervisee. Billing supervision hours to health insurance's or HMO's in unethical and illegal. The Board strongly recommends that LAC's and LAMFT's carry liability insurance.

These guidelines are designed to:

- inform you of what you can expect in supervision
- assist you in seeking to contract with a Board Approved Supervisor
- ensure that your supervision experience is effective, and
- · facilitates your personal and professional growth

Should you have any question, please contact the Board office at:

Phone: (870) 901-7055 E-Mail: arboec@sbcglobal.net

### SUPERVISEE INFORMATION

### Definition of Supervision

Bernard and Goodyear (1992) define supervision as an intervention provided by a senior member of a profession to a junior member of that same profession. This relationship is evaluative, extends over time, and has the simultaneous purpose of enhancing the professional functioning of the junior member, monitoring the quality of professional services offered to the clients he or she sees, and serving as a gatekeeper for those who are to enter that particular profession.

### **RECEIVING SUPERVISION**

### Supervisee's Responsibilities

- 1. Decide to be supervised seek supervision actively and not only because it is required.
- 2. Schedule regular supervision and use supervision as needed in crisis.
- 3. Provide supervisor with information about cases, especially those that are difficult.
- 4. At all times, safeguard the communication of your clients in a confidential manner.
- 5. The focus in supervision should be skills; that is, process, conceptualization, personalization, and professionalism.
- 6. Actively seek feedback from your supervisor.
- 7. Do not ask you supervisor to be more than a supervisor, that is, to be your counselor or friend.
- 8. Be clear in your own mind what you expect from your supervisor and discuss your expectations with him/her.

### Focus of Supervision

In order for the learning and refining of skills to occur, there are certain elements that must be present. Supervisees must be mentally and emotionally prepared for supervision.

### **Process**

- 1. Give yourself permission to be a learner, that is, identify your own learning needs.
- 2. Be open to input from your supervisor.
- 3. Be willing to make mistakes and to talk openly about them with your supervisor.
- 4. Be willing to admit your ignorance to yourself and to your supervisor.

### **Process/Personalization**

- 1. Express to your supervisor your reactions toward your client and toward your supervisor.
- 2. Be ready to focus not only client dynamics, but also your dynamics as a counselor and as a person.
- 3. In supervision, your personal issues may be identified; that is, getting involved with clients may open up some of your own psychological wounds. Your supervisor may focus on the problem areas, but must not provide therapeutic counseling. You should seek therapeutic counseling or work through the issues with someone outside of the supervision relationship.
- 4. When you have conflicts with a supervisor, it is a good idea to discuss them and do all you can to work through them. If the conflicts cannot be resolved, seek supervision elsewhere.

## **Conceptualization**

- 1. Evaluate yourself before each supervision session.
- 2. As you enter each supervision session, be prepared to use your time productively, you should leave with a sense of direction.

### **Professionalism**

- 1. Trusting your supervisor is critical.
- 2. When contracting for supervision, clarify the content and format of supervision.
- 3. While under supervision, try different styles. Learn from others and listen to your own inner voice in order to develop your own style.
- 4. Consider changing supervisors over the course of time. Experiencing different supervisory styles may be beneficial you may get information that seems crepant; that is, content, focus, or technique consider the processes as alternatives rather than as right or wrong.
- 5. If your supervisor is not keeping your supervision agreements, be assertive and persistent to ensure that your needs are met. You also have the right to change your supervisor at any time during your supervision.

The key to maximizing supervision experience is to invest additional energy between supervision and subsequent counseling sessions.

### **Context of Supervision** – Methods of Supervision

- 1. Simulation
  - role play
  - supervisor takes on a teacher role with focus on process skills
- 2. Live Supervision
  - supervisor actively participates during counseling through: phone-in, call counselor out of session, come to session at prearranged time, or bug-in-the-ear
  - allows supervisor to redirect the session
  - supervisor takes on a teacher role with focus on process skills
  - allows for maximizing supervisees learning needs and therapy needs of client
- 3. Audio/Video Tape and Live Observation
  - observe supervisee in practice then provide supervision
  - observation is most threatening; supervisee is vulnerable; there must be trust
  - supervisor takes teacher and "counselor" role in order to be sensitive to supervisee's fears and anxieties
  - place focus on process and on personalization skills

- 4. Self-Report
  - supervisee is in control of what is reported
  - a drawback: self-report does not allow the supervisor to help the supervisee on blind spots
  - supervisor primarily takes on a consultant role
  - focus is on conceptualization and personalization
- 5. Individual Supervision
  - -Focus exclusively on one supervisee
  - -Deal with any one of the four skills
  - -Use any of the three roles
  - -Use primarily teacher and consultant

### **Group Supervision**

- -Present cases and group discussion
- -Allow learning from other cases
- -Deal with all four skills with emphasis in conceptual and professional roles
- -Minimal counselor/therapy role

### **Ethics of Supervision**

- 1. Your clients must be aware that you are a Licensed Associate Counselor or Licensed Associate Marriage and Family Therapist under supervision.
- 2. Your clients must be informed that sessions will be taped. Clients must also be told how the tapes will be used. Counselors must obtain a signed release of information from clients prior to viewing the tape with the supervisor.
- 3. Your clients must know that their cases may be discussed in supervision with other supervisees.
- 4. Supervisee **must** receive regular supervision for **all** client counseling.

Adopted 6/96 Revised 1/4/01

### Policies

### Board of Examiners in Counseling Obtaining Credit for Supervised Experience Effective February 1, 1997 Revised January 4, 2001

Licensed Associate Counselors must complete three years of Board approved Post-Master's supervised experience prior to approval as a Licensed Professional Counselor. Fifty percent of the required supervision may be group supervision.

LAC's must be under Board approved supervision at all times. Practice as a LAC without Board approved supervision will result in suspension of the License and may result in revocation of the license.

The following definitions will be used to grant credit for supervised experience:

One Thousand (1,000) Client Contact Hours (CCH) will equal one year of experience. Fifty percent (50%) or 500 CCH's may be group supervision.

Five Hundred (500) CCH will equal six months of experience. Fifty percent (50%) or 250 CCH's may be group supervision.

Two Hundred Fifty (250) CCH will equal three (3) months of experience. Fifty percent (50%) or 125 CCH's may be group supervision.

Eighty Three (83) CCH will equal one (1) month of experience. Fifty percent (50%) or 42 CCH's may be group supervision.

A maximum of two years at Post-master's supervised experience may be credited through graduate courses in counseling. Graduate credit hours in counseling courses may be substituted for supervised experience at the following rates:

Thirty (30) semester hours of approved courses will be equivalent to one (1) year (1,000 CCH's) of supervised experience.

Each one (1) approved graduate semester credit hour will be equivalent to 33 CCH's of supervised experience. Three approved graduate semester credit hours will equal 100 CCH's of supervised experience. Quarter credit hours may be approved at the rate of 8 CCH's per hour.

Supervised experience must be completed according to the following ratios:

### Phase I

During the first 1,000 CCH's of supervised experience, the LAC must be supervised at a minimum ratio of one (1) hour of supervision for each ten (10) hours of client contact.

### Phase II

During the second 1,000 CCH's of supervised experience, the LAC must be supervised at a minimum ratio of one (1) hour of supervision for each fifteen (15) hours of client contact.

### Phase III

During the third 1,000 CCH's of supervised experience, the LAC must be supervised at a minimum ratio of one (1) hour of supervision for each thirty (30) hours of client contact.

The supervisor of the LAC may request Board approval for a change in the supervision agreement at any time.

### Evaluation reports must be submitted upon the completion of each six (6) calendar months.

Up to 24 months of supervision credit for class work in counseling is allowed. The Board cannot waive twelve (12) months of face-to-face supervision post-graduate degree. [Act 593 of 1979, Section 8,g]

Course work and Board approved Supervised Work Experience from another State or Agency will be applied to Phase III, then Phase II. The one (1) year (1,000 CCH's) remaining must be in Phase I at the ratio of 1:10.

### APPLICATION FOR LICENSURE

All application materials must be in the Arkansas Board of Examiners office one (1) month prior to the registration deadline date given for the NCE or MFT examination.

Applicant must be a citizen of the United States or have a current green card issued by the U.S. Immigration Bureau documenting legal alien work status in the U.S. Licensed Associate Counselor (LAC)

Associate Marriage & Family Therapist (AMFT) Licensed Professional Counselor (LPC) \_\_\_\_ Marriage & Family Therapist (MFT) (An application fee of \$200.00 must accompany the submission of this completed form.) \_\_\_\_\_Date of Birth:\_\_\_\_\_ Name(s) on transcript(s) if different from #1: Birthplace: (Other) (County) (State) (City) United States Citizen: \_\_\_\_YES \_\_\_\_NO. If no, attach copy of current green card issued by U.S. Immigration Bureau, to document and verify legal alien work status in the U.S. Social Security Number: Current Residential Address: Street (required): P.O. Box: City: State: Zip: Phone: Residential: Office:\_\_\_\_\_ E-Mail:\_\_\_\_\_ 2. Work Experience (cite most recent first): Responsibilities Position Supervisor Dates 3. Professional Training (cite most recent first): College/University Specialization Credential/Degree Dates 4. Do you intend to apply for a specialty designation? Yes: No:

5. If Yes, please name the specialty:

per(s), title(s), and states issuing license(s) or
on? YesNo
evoked, canceled or suspended? YesNo_
No
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SchoolNon profit organization
Non-profit organization Other (state type)
Other (state type)
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Non-profit organization

### PLEASE READ CAREFULLY

In making this application to the Arkansas Board of Examiners in Counseling for the issuance of a license, I agree to abide by the rules and regulations of the Arkansas Board of Examiners in Counseling and to take all examinations necessary to the processing of my application. Upon issuance of a license, I agree to be bound by the Code of Ethics of the American Counseling Association <a href="mailto:and/or">and/or</a> American Association of Marriage & Family Therapy. I understand that I am bound by both codes if I hold both licenses. I further agree that the fee submitted with this application is non- refundable.

I agree to hold the Arkansas Board of Examiners in Counseling, its members, officers, agents, and examiners free from any damage or claim for damage or complaint by reason of any action they or any one of them take in connection with this application, the attendant examination, the grades with respect to any examination, and/or failure of the Board to issue me a license. I hereby grant permission to the Board to seek any information or references it deems fit in securing my credentials pertinent to this application.

I further agree that if issued a license, upon the revocation, suspension or cancellation of that license, I shall return the said license to the Board.

I have read Act 593, Act 244 amendment, and the Rules and Regulations of the Board and am familiar with the requirements of the Acts and with the Rules and Regulations of the Board.

The information which I have provided in this application is truthful. I understand that giving the Board false information of any kind may result in the voiding of this application and my failing to be granted licensure.

Date	Signature of Applicant	
(Application Packet valid for	one year from this Date.)	

Board Policy requires that each applicant attach a photograph taken within the last 12 months. Photograph must be attached Prior to Notary Signature.

# Attach photograph here

### **VERIFICATION OF APPLICATION**

County of:
I,, Applicant for licensure, state upon oath that the statements contained in the above and foregoing application are true and correct to the best of my knowledge and belief.
Signature:
Subscribed and sworn to before me this day of
Notary Public Signature:
My commission expires:
Seal:

### EFFECTIVE JANUARY 1, 2003

60 GRADUATE HOURS ACCEPTABLE TO THE BOARD ARE REQUIRED FOR AN APPLICATION FOR AN ARKANSAS COUNSELING OR MARRIAGE AND FAMILY THERAPIST LICENSE TO BE PROCESSED.

THE CORE CURRICULUM COURSES MUST BE DOCUMENTED. THE ADDITIONAL COURSES MUST BE COUNSELING IN NATURE AND RELATED TO THE DEGREE AS APPROVED BY THE APPLICANT'S UNIVERSITY ADVISORS.

RECOMMENDED COURSE ELECTIVES FROM JANUARY 1, 2003 TO JANUARY 1, 2005 FOLLOW:

ABNORMAL PSYCHOLOGY
PSYCHOPATHOLOGY
DSM
FAMILY & RELATIONSHIP
PSYCHOPHARMACOLOGY

### **COURSES WILL BE MANDATED JANUARY 1, 2005**

Projected completion date for the implementation of the revised Rules/Regulations is July 1, 2003.

DISTANCE LEARNING RULES AND REGULATIONS ARE BEING REVISED BY THE BOARD.WILL BE PUBLISHED WHEN FINALIZED.

### CORE CURRICULUM SUMMARY LAMFT OR LMFT

"B" Grade or above required in each of the required 60 Semester Graduate Hours.
BRICK-MORTAR (traditional in-classroom) AND DISTANCE LEARNING COURSES
ACCEPTED IF COURSES MEET THE STANDARDS ADOPTED BY THE BOARD

The AAMFT embraces a family systems perspective of human and family development and of the treatment of both individual and family problems. The following five areas are deemed essential educational training for the practice of marriage and family therapy. Course Equivalents: 3 semester credits; or 4 quarter credits; or 45 didactic contact hours (lecture hours)

### MARRIAGE AND FAMILY STUDIES (9Hour Minimum/3 Courses)

Courses in this area should present a fundamental introduction to systems theory. Courses should address a wide variety of family structures and a diverse range of contemporary issues, which include but are not limited to gender, violence, addictions, and abuse from a relational/systemic perspective. Examples of courses: systems theory, family development, family subsystems, blended families, gender issues in families, cultural issues in families, family violence, family communications, etc. Survey or overview courses in which systems is one of several theories covered are not acceptable in this area. Courses in which systems theory is the major focus and other theories of individual or families are studied in relation to systems theory are appropriate.

		ocus and other theories of i	ndividual or families are studied in relation
to systems the	eory are appropriate. Course #	Institution	Course Title
TRADITION	IAL BRICK-MORTAI	R COURSE WORK	
DISTANCE	LEARNING COURSE	E WORK	
Courses in the interventions change and the therapy, interventions	is area should have a n. This area is intended the applied practices evergenerational family the	to provide a substantive un- olving from each theoretica erapy, systemic sex therapy	nily systems theories with their therapeutic derstanding of the major theories of system I orientation. Examples of courses: strategic
1	Course #	Institution	Course Title
TRADITION	IAL BRICK-MORTAI	R COURSE WORK	

Revised on 3/29/2004

DISTANCE LEARNING COURSE WORK
HUMAN DEVELOPMENT (9 Hour minimum/3 courses) Courses in this area should provide knowledge of individual personality development and its normal and abnormal manifestations. The student should have relevant coursework in human development across the ife span that includes special issues that effect an individual's development (i.e., culture, gender and numan sexuality). This material should be integrated with systems concepts. Examples of courses: human development, cross-cultural studies, child/adolescent development, human sexuality, personality theory, etc. One of these 3 courses must include Psychopathology.  Test and measurement courses are not accepted toward this area.
Course # Institution Course Title FRADITIONAL BRICK-MORTAR COURSE WORK
DISTANCE LEARNING COURSE WORK
ASSESSMENT (3 Hour minimum) Courses in this area address the use of formal and informal assessment of individual, relationship, family and systemic factors including the assessment and treatment of major mental health issues. Individual assessment includes standard individual cognitive, emotional, behavioral, and social instruments.  Assessment of systemic factors includes valid relational, structural, and family functioning instruments.  NOTE: under Arkansas law, Projective techniques in the assessment of personality are not permitted for Counselors under this license. Act 593 of 1979, 17-27-102, (7)(B) and (8)(B), found in ACA page 273 of 199/03/02.
Course # Institution Course Title FRADITIONAL BRICK-MORTAR COURSE WORK
DISTANCE LEARNING COURSE WORK
PROFESSIONAL ETHICS (3 Hour minimum)

Courses in this area are intended to contribute to the professional development of the therapist. Areas of study should include the therapist's legal responsibilities and liabilities, professional ethics as a marriage and family therapist from AAMFT's Code Of Ethics, professional socialization, and the role of the professional organization, licensure or certification legislation, independent practice and inter-professional cooperation.

Religious ethics courses, philosophy or moral theology courses are not accepted toward this area. Course Title

Course # Institution

TRADITIONAL BRICK-MORTAR COURSE WORK

DISTANCE LEARNING COURSE WORK
RESEARCH (3 Hour minimum)  Courses in this area should assist students in understanding and performing research and include significa material on research in couple and family therapy. Course examples: research methodology, quantitative methods and statistics, qualitative research, etc.  Individual personality, test and measurement, and library research courses are not accepted toward this area.  Course # Institution Course Title  TRADITIONAL BRICK-MORTAR COURSE WORK
DISTANCE LEARNING COURSE WORK
PSYCHOPHARMACOLOGY (3 Hour minimum)  Courses in this area should address the physiological/medical aspects of mental illness and the medicatio that are used to treat specific common disorders.  Course # Institution Course Title  TRADITIONAL BRICK-MORTAR COURSE WORK
DISTANT LEARNING COURSE WORK
DSM AND /OR ICD USE (3 Hour minimum)  Courses in this area should provide training in using the DSM or ICD manuals in providing appropriate diagnostics and categorization of mental disorders.  Course # Institution Course Title  TRADITIONAL BRICK-MORTAR COURSE WORK
DISTANCE LEARNING COURSE WORK

revised on 3/29/04

# PRACTICUM/INTERNSHIPS (9 Hour Practicum/Internships) Applicants must complete a minimum 1-year practicum (500 hours of client contact with individuals, couples and families). The direct client contact hours must have been supervised by site supervisors assigned by the university in addition to the university's faculty's supervision. Course # Institution Course Title TRADITIONAL BRICK-MORTAR COURSE WORK DISTANCE LEARNING COURSE WORK Credential Evaluation Services International graduate degree(s) must be submitted with an English translation and certificate from a credential evaluation service and approved by the Board. These agencies must certify that the foreign degree is equivalent to a United States graduate degree. All costs for this certification are the responsibility of the applicant. For a list of services, please contact the National Association of Credential evaluation

Signature Signature

Descriptions adapted from Version 10.2

Commission on Accreditation for Marriage and Family Therapy Education of the American Association for Marriage and Family Therapy

112 South Alfred Street, Alexandria, VA 22314-3061 Phone: (703) 838-9808. Fax (703) 838-9805

Home Page: http://www/aamft.org

Recommended elective courses to complete the 60 hour requirement effective January 1, 2003: DSM/ICD ASSESSMENT AND DIAGNOSIS PYSCHOPHARMACOLOGY

Recommended electives mandated January 1, 2005

The requirements above are for the <u>Arkansas</u> Marriage and Family Therapy License. See AAMFT (American Association for Marriage and Family Therapy Clinical Membership) for national Clinical Membership requirements (WWW.AAMFT.ORG)

**Revised on 3/29/04** 

Services, Inc at (414)289-3400.

### **Clinical Membership Requirements**

Clinical Members meet the full set of requirements established by the AAMFT for the independent practice of marriage and family therapy.

Requirements COAMFTE Program Graduate Non-COAMFTE Program Graduate Definitions

Education

Master's or Doctoral degree in MFT or a related field from a *regionally accredited institution* 

(Master's & Doctoral programs accredited by the COAMFTE are always regionally accredited. Those graduating from a post-degree program must document that their degree is from a regionally accredited institution) Master's or Doctoral degree in MFT or a related field from a *regionally accredited institution* 

Regional Accreditation is awarded an institution by the following regional accrediting bodies: MSA, NASC, NCA, NEASC-CHE, SACS-CC, or WASC-Sr. It signifies that the institution meets established standards for higher education

Curriculum (course) Requirements Individuals who have graduated from a COAMFTE accredited program have met all 11 required courses as outlined in the AAMFT Curriculum Guidelines.

Must successfully complete the 11 required courses outlined in the *AAMFT Curriculum Guidelines*, either during their graduate program, or in a post-degree training program accepted by the AAMFT.

(Undergraduate level courses do not satisfy

AAMFT course requirements)

See AAMFT Curriculum
Guidelines

Supervised Clinical Practicum (during graduate program) Individuals who have graduated from a COAMFTE program have met this requirement.

Minimum 1 year, 300 hours of direct client contact with individuals, couples, & families. This Experience must have been supervised. (If you did not complete this practicum during your graduate program, you may submit your first 300 post-graduate client contact hours to satisfy this requirement. These post-graduate hours must be supervised by an AAMFT Approved Supervisor, Supervisor-in-Training, or by an alternate supervisor)

**Direct client contact** is face-to-face contact with Individuals, couples or families.

Post-Graduate Clinical Experience

Minimum 2 years, 1,000 hours of clinical work experience in marriage and family therapy, completed concurrently with the post-graduate supervision described below. Graduates of COAMFTE programs can count client contact hours earned during the program toward this requirement based on a ratio of 1 supervision hour to every 5 client contact hours.

Minimum 2 years, 1,000 hours of clinical work experience in marriage and family therapy, completed concurrently with the post-graduate supervision described below. Hours obtained during our graduate program do not count towards this requirement. (This experience may not begin until the applicant has completed the supervised clinical practicum described above.)

Post-Graduate

200 hours of supervision completed
Supervision

200 hours of supervision completed concurrently with the 1,000 hours of clinical experience described is fa

clinical experience described above. At least 100 of the 200 hours must be **individual supervision**. Graduates of COAMFTE programs can count supervision hours earned during the program toward this requirement, based on a ratio of 1 supervision hour to every 5 client contact hours.

200 hours of supervision completed concurrently with the 1,000 hours of clinical experience described above. At least 100 of the 200 hours must be individual supervision. Hours obtained during your graduate program do not count toward this requirement.

Individual supervision

is face-to-face contact between one supervisor and two supervisees.

**Group supervision** may consist of no more than 6 supervisees, regardless of the number of supervisors.

See page 12 for a description of the required

Characteristics of Supervision.

To determine if your supervisor is **AAMFT Approved**, contact the AAMFT, or ask your supervisor

Post-Graduate Supervisor(s)

The 200 hours of post-graduate supervision describe above must be Completed with an AAMFT Approved Supervisor or AAMFT Supervisor-in-Training.

The 200 hours of post-graduate supervision described above must be completed with an **AAMFT Approved Supervisor or Supervisor-in- Training.** 

Requirements	COAMFTE Program Graduate	Non-COAMFTE Program Graduate	Definitions
Education	Master's or Doctoral degree in MFT related field from a <b>regionally accredited institution</b> . (Master's & Doctoral programs accredited by the COAMFTE are always regionally. accredited those graduating from a post-degree training program must document that their graduate degree is from a regionally accredited institution)	Master's or Doctoral degree in MFT or a related field from a <b>regionally accredited institution</b>	Regional accreditation is awarded an institution by the following regionally accrediting bodies: MSA, NASC, NCA NEASC-CIHE, SACS-CC, or WASC-S. It signifies that the institution meets established standards for higher education.
Curriculum (course) Requirements	Individuals who have graduated from a COAMFTE accredited program have met all 11 required courses as outlined in the AAMFT Curriculum Guidelines.	Must successfully complete any 8 of the 11 required courses outlined in the AAMFT Curriculum Guidelines, either during their graduate program, or in a post-degree training program accepted by the AAMFT. The applicant can complete the remaining 3 courses while holding Associate Membership. (Undergraduate level courses do not satisfy AAMFT course requirements.)	See AAMFT Curriculum Guidelines
Supervised Clinical Practicum (during graduate program)	Individuals who have graduated from a COAMFTE program have met this requirement.	Minimum 1 year, 300 hours of client contact with individuals, couples & families. This experience must have been supervised. (If you did not complete this practicum during your graduate program, you may submit your first 300 post-graduate supervised client contact hours to satisfy this requirement. These post-graduate hours must be supervised by an AAMFT Approved Supervisor, Supervisor-in-Training, or by an alternate supervisor.)	<b>Direct client contact</b> is face-to-face contact with individuals, couples or families.

### **Characteristics of Supervision**

Supervision of marital and family therapy is expected to have the following characteristics.

- Face-to-face conversation with the supervisor, usually in periods of approximately one hour each
- The learning process should be sustained and intense
- Appointments are customarily scheduled once a week, three times weekly is ordinarily the Maximum and once every other week the minimum
- Normally completed over a period of one to three years
- It is recommended that the experience include at least two supervisors with diverse family therapy theoretical orientations

### Lifted From

American Association for Marriage and Family Therapy 1133 15<sup>th</sup> Street, NW Suite 300 Washington, DC 20005-2710 Phone: (202) 452-0109 Fax: (202) 223-2329 Home Page: http://www.aamft.org

### **Clinical Membership Requirements**

Clinical Members meet the full set of requirements established by the AAMFT for the independent practice of marriage and family therapy.

Requirements COAMFTE Program Graduate Non-COAMFTE Program Graduate Definitions

Education

Master's or Doctoral degree in MFT or a related field from a *regionally accredited institution* 

(Master's & Doctoral programs accredited by the COAMFTE are always regionally accredited. Those graduating from a post-degree program must document that their degree is from a regionally accredited institution) Master's or Doctoral degree in MFT or a related field from a *regionally accredited institution* 

Regional Accreditation is awarded an institution by the following regional accrediting bodies: MSA, NASC, NCA, NEASC-CHE, SACS-CC, or WASC-Sr. It signifies that the institution meets established standards for higher education

Curriculum (course) Requirements Individuals who have graduated from a COAMFTE accredited program have met all 11 required courses as outlined in the AAMFT Curriculum Guidelines.

Must successfully complete the 11 required courses outlined in the *AAMFT Curriculum Guidelines*, either during their graduate program, or in a post-degree training program accepted by the AAMFT.

(Undergraduate level courses do not satisfy

AAMFT course requirements)

See AAMFT Curriculum Guidelines

Supervised Clinical Practicum (during graduate program) Individuals who have graduated from a COAMFTE program have met this requirement.

Minimum 1 year, 300 hours of direct client contact with individuals, couples, & families. This Experience must have been supervised. (If you did not complete this practicum during your graduate program, you may submit your first 300 post-graduate client contact hours to satisfy this requirement. These post-graduate hours must be supervised by an AAMFT Approved Supervisor, Supervisor-in-Training, or by an alternate supervisor)

**Direct client contact** is face-to-face contact with Individuals, couples or families.

Post-Graduate Clinical Experience

Minimum 2 years, 1,000 hours of clinical work experience in marriage and family therapy, completed concurrently with the post-graduate supervision described below. Graduates of COAMFTE programs can count client contact hours earned during the program toward this requirement based on a ratio of 1 supervision hour to every 5 client contact hours.

Minimum 2 years, 1,000 hours of clinical work experience in marriage and family therapy, completed concurrently with the post-graduate supervision described below. Hours obtained during our graduate program do not count towards this requirement. (This experience may not begin until the applicant has completed the supervised clinical practicum described above.)

Post-Graduate Supervision 200 hours of supervision completed concurrently with the 1,000 hours of clinical experience described above. At least 100 of the 200 hours must be individual supervision. Graduates of COAMFTE programs can count supervision hours earned during the program toward this requirement, based on a ratio of 1 supervision hour to every 5 client contact hours.

200 hours of supervision completed concurrently with the 1,000 hours of clinical experience described above. At least 100 of the 200 hours must be individual supervision. Hours obtained during your graduate program do not count toward this requirement.

Individual supervision

is face-to-face contact between one supervisor and two supervisees.

**Group supervision** may consist of no more than 6 supervisees, regardless of the number of supervisors.

See page 12 for a description of the required Characteristics of Supervision.

Post-Graduate Supervisor(s)

The 200 hours of post-graduate supervision describe above must be Completed with an AAMFT Approved Supervisor or AAMFT Supervisor-in-Training.

The 200 hours of post-graduate supervision described above must be completed with an **AAMFT Approved Supervisor or Supervisor-in- Training.** 

To determine if your supervisor is **AAMFT Approved**, contact the AAMFT, or ask your supervisor

Requirements	COAMFTE Program Graduate	Non-COAMFTE Program Graduate	Definitions
Education	Master's or Doctoral degree in MFT related field from a <b>regionally accredited institution</b> . (Master's & Doctoral programs accredited by the COAMFTE are always regionally. accredited those graduating from a post-degree training program must document that their graduate degree is from a regionally accredited institution)	Master's or Doctoral degree in MFT or a related field from a <b>regionally accredited institution</b>	Regional accreditation is awarded an institution by the following regionally accrediting bodies: MSA, NASC, NCA NEASC-CIHE, SACS-CC, or WASC-S. It signifies that the institution meets established standards for higher education.
Curriculum (course) Requirements	Individuals who have graduated from a COAMFTE accredited program have met all 11 required courses as outlined in the AAMFT Curriculum Guidelines.	Must successfully complete any 8 of the 11 required courses outlined in the AAMFT Curriculum Guidelines, either during their graduate program, or in a post-degree training program accepted by the AAMFT. The applicant can complete the remaining 3 courses while holding Associate Membership. (Undergraduate level courses do not satisfy AAMFT course requirements.)	See AAMFT Curriculum Guidelines
Supervised Clinical Practicum (during graduate program)	Individuals who have graduated from a COAMFTE program have met this requirement.	Minimum 1 year, 300 hours of client contact with individuals, couples & families. This experience must have been supervised. (If you did not complete this practicum during your graduate program, you may submit your first 300 post-graduate supervised client contact hours to satisfy this requirement. These post-graduate hours must be supervised by an AAMFT Approved Supervisor, Supervisor-in-Training, or by an alternate supervisor.)	<b>Direct client contact</b> is face-to-face contact with individuals, couples or families.

### **Characteristics of Supervision**

Supervision of marital and family therapy is expected to have the following characteristics.

- Face-to-face conversation with the supervisor, usually in periods of approximately one hour each
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### Lifted From

American Association for Marriage and Family Therapy 1133 15<sup>th</sup> Street, NW Suite 300 Washington, DC 20005-2710 Phone: (202) 452-0109 Fax: (202) 223-2329 Home Page: http://www.aamft.org

### GUIDELINES FOR WRITING -THE SCOPE OF PRACTICE- STATEMENT OF INTENT

The Statement of Intent (SI) is the Board approved scope of practice and defines your practice for the dates of your current license. The SI should be written in first person, present tense. The SI is in effect from the date of your license issue to each renewal. New SI must be submitted with renewal fees. Clients, insurance companies, and other interested parties should be able to tell by reading your statement what services you are offering. Comparable to a brochure advertising your counseling practice, the SI must be kept revised and up-to-date. Your Statement of Intent should reflect the services your academic training and work experiences have qualified you to offer. Pursuing additional training and/or working under supervision allows you to expand your qualifications and your services. Upon completion of additional training or practice changes send a revised SI for formal Board approval. Until approved, your practice is limited to the approved SI on file. Examples: Job changes, additional training, population changes, use of assessment instruments.

Arkansas Code Annotated 17-27-301 Qualifications and Case Note Supreme Court 334 Ark 614, 976 SW 2d 934 (1998) a Licensed Counselor must confine his/her practice to the ambit of the Statement of Intent.

### **Nature of My Counseling or Therapy Practice**

A fine line exists between making this section too broad or too narrow. Specifying a place of employment will limit your practice to that place. It is best to define the nature of your practice in terms of whether it will be inpatient or outpatient (or both), and/or whether it will be private, clinical, or in another setting such as academic. In this section, you should identify the types of issues, presenting problems, or disorders you are willing and competent to treat. It is often helpful to define these in terms of the major chapters of the <u>Diagnostic and Statistical Manual</u> (IV-TR), for example, anxiety disorders, mood disorders, substance abuse disorders, and so on. You may wish to indicate other issues clients present such as relationship issues, grief and loss, marital issues, parenting problems, and so on. It is important to list all issues you are willing and competent to treat, especially if you intend to claim third party reimbursement for such treatment. Should an insurance company or other third party payer call ABOEC to ask if you are qualified to treat a specific disorder, your Statement of Intent will be the document to which the staff of ABOEC will refer.

### **Theoretical Approaches**

Most Counselors/Therapist find it easy to specify the theoretical approaches they will use with the population they specify. Eclectic is too broad. Specify the theories you integrate and explain how they are integrated in your practice and applied to your clients.

### **Methods and Techniques**

Counselors/Therapists often neglect to indicate the specific methods and techniques they use, based on the theories they have specified. Techniques listed should be drawn from the listed theories applied to your clients. Following that list, specify other techniques you use, delineating which ones come from the theories identified under approaches. Third-party-payers and potential clients should be able to tell what you typically "do" in sessions: Sometimes they are looking for a therapist who uses (or does not use) certain approaches and techniques.

### **Population to be Served**

You need to document that you have training or experience with the population specified to serve. Statements such as "children, adolescents, and adults" are usually too broad unless the training and experiences clearly support that you have worked with persons of all ages from very young to very old. It may be helpful to specify such as pre-school children, older children, adolescents, young adults, mature adults, the middle aged, and/or geriatric adults.

### Assessment Instruments to be Used and Purpose of Each Use

Specify by name any assessment instrument you intend to administer, interpret and the purpose of such. For example, "Self-Directed Search will be used to explore interests for career counseling" or "the Myers Briggs Type Indicator will be used to identify personal preferences and differences when doing relationship counseling." Your Board file must reflect documentation of graduate course work or Board approved equivalent training for the administration of instruments listed on the Statement of Intent (SI) Note the qualifying statement under Assessments.

Projective instruments for personality assessment may not be used under licenses issued by the Counseling Board.

### Format

Statement of Intent (the scope of practice) form will not be accepted by the Board unless it is typed or word processed. SI should be written in first person, present tense and in complete sentences. Each page must be numbered, signed, and dated by the person completing the form.

### GUIDELINES FOR WRITING STATEMENT OF INTENT

Counseling Techniques Suggestions compiled by Rochelle C. Moss

Creative expression (art, poetry, writing,

		_	Creative expression (art, poetry, writing,
Co	gnitive Behavioral		movement)
	Reframing exercises		Psychodrama
	Self-talk		Putting feelings or thoughts into action
	Self-analysis/self-evaluation/self-assessment		Body awareness (breathing awareness)
	Homework therapy		Guided imagery
	Relaxation techniques		Focusing on the here and now
	Muscle relaxation		8
	Deep breathing	Bel	havior
	Cognitive imagery		Reinforcement techniques
	Guided imagery		Relaxation methods
	Systematic desensitization		Modeling
	Problem-solving skills training		Assertion/social skills training
	Self-monitoring		Self-management programs
	Cognitive restructuring	_	Behavioral rehearsal
	Role playing social problem-solving situations	_	Coaching
_	Self-reinforcement	_	Contracts
_	Self-instruction		Homework assignments
_	Modeling	_	Trome work assignments
_	Positive incentives	Re	ality
_	Behavioral rehearsal		Evaluation of present behavior
_	Monitoring negative thoughts		Willingness to change
	Restructuring negative or maladaptive thoughts		Development of specific plan to change
_	Restructuring negative of maladaptive moughts		Awareness of how life would be different
Da.	usan Cantavad		
	rson-Centered		Commitment to follow through with plan
	Active listening	Dar	vahaanalistia
	Reflection of feelings	-	ychoanalytic
	Clarification		Interpretation
	Empathy Linear distance Positive Persons		Dream analysis
	Unconditional Positive Regard		Free association
	Congruence		Analysis of resistance
	1 .		Analysis of transference
	lerian		Questioning to develop case history
	Gathering life history	_	
	(genogram, family constellation, early		istential
	recollections)		Identification of responsibility avoidance
	Therapeutic contracts		Confronting irresponsibility
	Homework assignments		Owning of feelings, statements and actions
	Paradoxical intention		Attacking "wish" avoidance
	545565116115		Tittaening affect a volumee
	Confrontation		Unblocking decision-making
	Interpretation		
	Providing encouragement		mily Therapy
	Paraphrasing		om General Systems Theory:
	"Aha" experience	Tra	ansgenerational/Bowenian/Contextual
	Catching Oneself		Boundary making
	Acting "as if"		Family sculpting
			Genogram
Ge	stalt		Family reconstruction
	Reliving /re-experiencing unfinished business		Therapeutic contract
	Confrontation		Going home assignments
	Staying with feelings		Differentiation assignments
	Role playing		Family ledger
	Empty chair		☐ Con't next page

Str	uctural		2 <sup>nd</sup> order changes	
	Enactments		Family Sculpting	
	Unbalancing		Family drawings	
	Tracking		Hypnosis/trance	
	Assess family structure		Here-and-now techniques	
	Assess family rules/roles		There-and-then techniques	
	Reframing	Na	rrative	
	Draw-A-Person		Questioning (opening space, meaning, future)	
	Kinetic Family Drawings		Deconstruction	
	Family play		Co-construction	
Str	ategic		Re-storying	
	Assess hierarchy/power		Externalizing	
	Circular questioning		Mapping influence of problem	
	Miracle question		Find Exceptions to Problem	
	Scaling questions		Therapist's letter-writing	
	Exception questions		Internalized Other Interview	
	"As-if" assignments		Preferred view of self/from others	
	Homework assignments	Psy	Psychoanalytic Family Therapy/Object Relations	
	"Go slow" messages		Participant observation	
$\mathbf{E}\mathbf{x}$	periential		Listening	
	Positive connotations		Avoid reassuring, advising, confronting	
	Paradoxical interventions		Interpretation	
	Rituals		Avoid counter transference	
	Ordeal assignments	Int	Integrative Family Therapy	
	Prescribing the symptom		Language of parts	
	Behavioral parent training		Internal conversations	
	Restraining techniques		Micro/Macro lenses	
	Identifying self-defeating patterns		Solution focus	
	Invariant prescription			

# SCOPE OF PRACTICE STATEMENT OF PROFESSIONAL INTENT

	elor (LAC)Licensed Profes	
	sociate Marriage /Family Therapist (LAM	
License	d Marriage and Family Therapist (LMFT	T)
Nama		1 1
Name Type or Print	Signature	// 
Type of Time	Signature	1110/Buy/ Tour
NATURE OF MY PRACTI	<u>ICE</u>	
DISORDERS, ISSUES, PR	ESENTING PROBLEMS TO BE	<u> FREATED</u>
THEORETICAL APPROA	. <u>СН</u>	
METHODS AND TECHNI	<u>QUES</u>	
POPULATION(S) TO BE S	SERVED	
	ENTS I WILL ADMINISTER AN ot permitted under this license. [Act	
Statement of Intent when I document add	is my scope of practice and reflects the training doc litional training and/or changes in my scope of prac DAT	
APPROVED	DATE	FOR LICENSE
NHMDED	VALID	

# LETTER OF RECOMMENDATION

### TO

# **Arkansas Board of Examiners in Counseling**

The applicant must complete items 1-3. Item 4 is optional.

1. Applicant's Name:				
2. Applicant's Address:				
<ul> <li>3. Proposed Area(s) of Counseling Practice:</li> <li>4. I waive the right by the Family Education Rights and Privacy Act of 1974 (Buckley Amendment) to view this letter of recommendation on file with Board.</li> <li>Signature:</li> </ul>				
Forward this form to an individual well acquainted with your education and counseling.  To Writer of Letter of Recommendation:				
Length of time you have know applicant: Dates from: to				
Please rate the applicant in the following categories:  No Opinion 1=Poor 2=Fair 3=Good 4=Very Good 5=Excellent				
Professional Ethics:				
Professional Knowledge:				
Personal Character:				
Professional Training:				
Counseling Skill Application:				

Print Name: Date: Date: Title: Address: Address: Date:				
Signature: Title:	Signature: Title: Address:			
Signature: Title:	Signature: Title: Address:	Print Name:		Date:
	Institution Name: Address:			
Institution Name: Address:		Signatura		
		orginature.		Address:
Phone Number: Fax Number:	inductivations.	Institution Name:		
		Institution Name:		Fax Number:
Phone Number: Fax Number: Do you hold a license or certificate to practice as a:		Institution Name:		Fax Number:
	Do you hold a license or certificate to practice as a:	Institution Name: Phone Number: Do you hold a license or	certificate to practice	Fax Number:as a:

Arkansas Board of Examiners in Counseling P.O. Box 70 Magnolia, AR 71754-0070

# $\frac{\text{SUPERVISED PRACTICE DOCUMENTATION (POST MASTERS)}}{FOR}$

### ARKANSAS BOARD OF EXAMINERS IN COUNSELING

Must be professional work completed after the transcript date the Masters Degree was conferred.

Applicant:	SSN:
Supervisor:	Length of Supervision:
Dates from	to
Total Client Contact Hours:	Total Supervised Hours:
	SH per week:
Work Setting and Title during Do	ocumented Supervised Practice:
Supervisor:	
Applicant:	
	ABOVE AS ACCURATE FOR THE APPLICANT
Supervisor's Signature:	Date:
Print Supervisor's name:	Title:
Supervisor's Phone #	Institution:
Supervisor's address:	
Do you (Supervisor) hold a licen	se or certificate to practice as one of the following?
• Counselor • Therapist	• Psychologist • Other:
License or Certificate Number:	Expiration Date:

Return this form directly to: Arkansas Board of Examiners in Counseling P.O. Box 70
Magnolia, AR 71754-0070

# **Arkansas Board of Examiners in Counseling**

# SPECIALIZATION LICENSE APPLICATION

elephone: (Home)	(Office)
icense Number(s):	
lease send \$10.00 application/lid	cense fee for <u>each</u> specialization requested below:
Career	Gerontological
School	Clinical Mental Health Counselor or Psychotherapist
Hypnotherapy	Pastoral
Rehabilitation	Supervision for LAC's
Appraisal	Supervision for LAMFT's
Drug & Alcohol	Play Therapy
Addictions	Biofeedback
Art Therapy	
Other:	

Adopted 11/11/93, Revised 1/4/01

Specialization fees: Application: \$10.00 License fee: \$40.00

### SPECIALIZATION INFORMATION

<u>Appraisal and Supervision</u> (Request application materials from)

Arkansas Board of Examiners in Counseling

P.O. Box 70

Magnolia, AR 71754-0070

Phone: (870) 901-7055

### Career, School, Addictions, Gerontological, Clinical Mental Health Counselor

Request application materials from:

National Board for Certified Counselors (NBCC)

3 Terrace Way, Suite D

Greensboro, NC 27403-3660

Phone: (336) 547-0607

### <u>Hypnotherapy</u> (Request application materials from)

National Board for Certified Clinical Hypnotherapists (NBCCH)

8750 Georgia Ave., Suite 142-E

Silver Spring, Maryland 20910

Phone: (301) 608-0123 or (800) 449-8144

### <u>Rehabilitation</u> (Request application materials from)

Commission on Rehabilitation Counselor Certification (CRCC)

1835 Rohlwing Rd., Suite E

Rolling Meadows, Illinois 60008

Phone: (708) 394-2104

### Drug & Alcohol (Request application materials from)

Arkansas Substance Abuse Certification Board (ASACB)

**UALR- Midsouth** 

2801 South University Ave.

Little Rock, AR 72204-1099

Phone: (501) 569-3073

### Pastoral (Request application materials from)

American Association of Pastoral Counselors (AAPC)

9504 A Lee Highway

Fairfax, Virginia 22031-2303

Phone: (703) 385-6967

### Play Therapy (Request application materials from)

Association for Play Therapy

C/O California School of Professional Psychology

1350 M. Street

Fresno, CA 93721

Phone: (209) 486-0851

### American Art Therapy Association, Inc (Request application materials from)

1202 Allanson Rd.

Mundelein, IL 60060-3808

Phone: (847) 949-6064

www.arttherapy.org

### **Verification of State Professional License/Certificate**

# The completed form must be mailed to: THE ARKANSAS BOARD OF EXAMINERS IN COUNSELING P.O. BOX 70

### **MAGNOLIA, AR 71754-0070**

### by the State Board that regulates the applicant's license/certificate

Αį	oplicant's Name: Date of Birth:				
Li	cense Number: State:				
Sc	ocial Security Number:				
1. Does the applicant hold a current state license/certificate?					
	YES NO Date of Original Issue: Expiration Date:				
2.	. Is the status provisional? YES NO				
	If YES, when will the applicant have full status?				
3.	. Was the applicant licensed by passing the NBCC or AAMFT test?				
	YES NO Score: Date of Exam: Pass Score:				
	Was this applicant licensed through the "grandfather" examination exemption process?				
	YES NO				
4.	Has the applicant's license/certificate ever been suspended or revoked?				
	YES NO If YES, please attach comments.				
5.	Has the applicant's license/certificate ever been voluntarily relinquished?				
	YES NO If YES, please attach comments.				
6.	Are there any <u>valid</u> complaints pending or have there ever been any <u>valid</u> complaints against the applicant?				
	YES NO If YES, please attach comments.				
7.	If the applicant is currently licensed is he/she in good standing?				
	YES NO If NO, please attach comments.				
Otl	her comments:				
	Signature:				
S	State Seal Date:				
	Title				

### **CORRECTION FORM**

### PERSONAL DATA CORRECTION FORM

Please check carefully your name and address on the license renewal notice. If you wish to change, please indicate the correction in the space below and return with your check, and continuing education folder.

NAME: (Mr. Mrs. Ms. Dr.)		
ADDRESS:		
_		
TELEPHONE: Residence	ce:	
Office:		
FAX NUMBER:		
E-MAIL ADDRESS:		

# ARKANSAS BOARD OF EXAMINERS IN COUNSELING FEE SCHEDULE

Effective July 1, 2000

Expense Fees:	
*Application Packet (directly from Board office)	\$ 20.00
*Application (Separate Charge from Packet)	\$200.00
Examination Fees:	
NCE Examination	NBCC
NCMHCE Examination	NBCC
AMFTRB Examination	AMFTRB
File Copy Charge (allow three weeks)	\$ 30.00
Test Score-Official Copy	\$ 15.00
Per Sheet Copy Charge (\$3.00 minimum)	\$ .25
Lists	\$ 40.00
Labels	\$ 80.00
Returned Check Charge	\$ 50.00
Replacement License	\$ 25.00
Professional Association (CORPORATE) Application	\$ 25.00
Renewal each year	\$ 10.00
Replacement ACA Code of Ethics book	\$ 10.00
Replacement AAMFT Code of Ethics book	\$ 5.00
File Maintenance-Annual fee	\$ 50.00
(Applications approved for active extension beyond the first twelve months)	
License Fees:	
Initial licensing fee - prorate the biennial fee according to the	
number of months Licensed, One time only, based on \$10.00	
per month: fiscal year July 1 <sup>st</sup>	
per menun. Histar year vary 1	
Biennial license renewal-Associates (LAC/LAMFT)	\$200.00
Biennial license renewal-Professionals (LPC/LMFT)	\$250.00
Late renewal fee	\$ 50.00
Change from Associate to Professional option	\$100.00
Specialization Fees:	
Application / License fee (one time fee, renewal based on	\$ 50.00
generic license renewal)	, - 3.33
File maintenance-Annual fee	<b>. .</b>
(Applications approved for active extension beyond the first twelve months)	\$ 50.00
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<sup>\*</sup>One fee if applying for both licenses at the same time.